

Observation of  
International Yoga Day '21 - June 2021

Entrepreneurship Development and Career Counselling Cell organised a oneday workshop on Yoga & Meditation in collaboration with IQAC<sup>and VK</sup> in the occasion of International Yoga Day on 21st June 2021. The resource persons from Vivekananda Kendra, Kanyakumari Jorhat Branch Sri Niraj Sankar Bardoloi and Chayanti Didi very clearly explained how Yoga can bring together physical and mental disciplines to achieve a peaceful body and mind. They also explained the role of Yoga in managing stress and anxiety. The workshop was inaugurated by Dr. Devabrata Sharma, Principal, Jorhat College. Dr. Soumitra Puzari, the convener of IQAC delivered the welcome address. More than 50 students joined the workshop. Vote of thanks was offered by Dr. Mouchumi Mahanta, Convener Entrepreneurship Development and Career Counselling Cell to the resource persons, and po-

## INTERNATIONAL YOGA DAY

organized by  
**IQAC, Jorhat College and**  
**Career Counselling and Entrepreneurship Development Cell, Jorhat College**  
In Collaboration with  
**Vivekananda Kendra Kanyakumari, Jorhat Branch**

Niraj Sankar Bardoloi  
Resource Person



Dr. Mouchumi Mahanta  
Coordinator



21st June, 2021

INTERNATIONAL  
**Yoga Day**

To join : <https://meet.google.com/pki-fjgz-cxu>

## WORKSHOP ON VERMICOMPOSTING (10-12-2020)

An workshop on 'vermicomposting' was organized by Entrepreneurship Development and Career Counselling Cell of Jorhat College. Dr. Nilay Bora, professor, Soil Science, Assam Agricultural University was invited as a resource person for the workshop. 52 Students joined the workshop and their active participation made the workshop a successful one. The workshop was inaugurated by Principal, Dr. Devabrata Sharma. In his inaugural speech he said about the dangerous effect of using chemical fertilizer in agriculture. He also encouraged the students to produce organic fertilizer like vermicompost at their homes for selling. The resource person Dr. Bora explain vividly how vermicomposting can be a source of livelihood. Dr. Mouchumi Mahanta offered vote of thanks to Principal, Dr. Devabrata Sharma, resource person, Dr. Nilay Bora, the participants students and the teachers attending the workshop.



# WORKSHOP ON VERMICOMPOSTING (10-12-2020)

Resource Person: Dr. Nilay Bora

~~Principal~~ (Resource Person)

Sandeep Kumar (Principal)

Sudhansu Choudhury (Asst. Prof.)

Gitanjali Goswami ("")

Monisha Debnath (Associate Prof.)

## Participants:

- 1) Ivan Neog
- 2) Surankan Jyoti Dutta
- 3) Sidhartha Shankar Bora
- 4) Ritu Raj Goutam
- 5) Utkal Bora
- 6) Padmasree Bora
- 7) Nandan Phukan
- 8) Sneha Bora
- 9) Parikash Das
- 10) Mrityojy Bora
- 11) Bindya Das
- 12) Prachi Kalita
- 13) Sandita Acharyya
- 14) Kankun Medhi
- 15) Bishmita Pegu
- 16) Sangeetaoley
- 17) Anneshi Pegu
- 18) Sikkhamoni Dutta
- 19) Aikimoni Bora
- 20) Sibani Kalita
- 21) Sowrabh Saha
- 22) Riturod Bora
- 23) Rubu Gogoi
- 24) Umdu Gogoi
- 25) Dipankar Senapati
- 26) Kapil Bora
- 27) Priyabrata Bordoloi
- 28) Saad Saikia
- 29) Prasad Saha
- 30) Raksh Saikia
- 31) Monisha Das
- 32) Rakhi Bora
- 33) Mousumi Devi
- 34) Anamika Sarma
- 35) Laxmi Saha
- 36) Kunal Bora
- 37) Ansuman Chutia
- 38) Parashmoni Puzari
- 39) Dijoiti Patra
- 40) Prabon Pradip Dutta
- 41) Isad Ali
- 42) Ananya Kalita
- 43) Paponi Bora
- 44) Leena Sonowal
- 45) Suelha Kumari Gupta
- 46) Prakona Das
- 47) Rimli Bora
- 49) Anjanika Bordoloi
- 50) Parishmita Lahon
- 51) Samiksha Gogoi (Pol. Sc.)
- 52) Manisha Bora (Education Dept)

Resource Person: Dr. Nilay Bora

~~Principal~~ (Resource Person)

Devedeot Goswami (Principal)

Sukhrajit Chouda (Asst. Prof.)

Gitaath Goswami ("")

Monisha debara (Associate Prof.)

Participants:

- 1) Ivan Neog
- 2) Surankar Jyoti Dutta
- 3) Sidhartha Shankar Bora
- 4) Ritu Raj Goutam
- 5) Utpal Bora
- 6) Padmashree Bora
- 7) Nandan Phukan
- 8) Susanta Bora
- 9) Pankaj Das
- 10) Mrityunjay Bora
- 11) Bindya Das
- 12) Pranati Kalita
- 13) Sandita Acharyya
- 14) Kumbum Medhi
- 15) Bishmita Pegu
- 16) Sangeta Doley
- 17) Anneshi Pegu
- 18) Sikhamoni Dutta
- 19) Aikimoni Bora
- 20) Sibani Kalita
- 21) Sowrabh Saha
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- 25) Dipankar Senapati
- 26) Kapil Bora
- 27) Priyabrat Bordoloi
- 28) Saad Saikia
- 29) Prasad Saha
- 30) Raksh Saikia
- 31) Monisha Das
- 32) Rakhi Borpatra
- 33) Moushumi Devi
- 34) Anamika Sarma
- 35) Lanyajit Saikia
- 36) Kunal Goud
- 37) Ansuman Chutia
- 38) Parashmoni Puzari
- 39) Dijeoti Patvar
- 40) Prabon Pralim Datta
- 41) Isad Ali
- 42) Ananya Kalita
- 43) Paponi Bora
- 44) Leena Sonowal
- 45) Suelha Kumari Gupta
- 46) Prekoma Das
- 47) Rimli Bora
- 48) Antaniksha Bordoloi
- 49) Parishmita Lahon
- 50) Samiksha Goswami (Ph.D.)
- 51) Manisha Bora (Education Dept)